



## **Fall Soccer Skills Training Program**

### **FAQ**

***1. Must I be a member of the Ottawa International Soccer Club (OISC) to register for the Fall Program?***

No, this is an open opportunity for serious players to experience the year round training and playing opportunities offered by the club. The program is open to all soccer players registered with an Ontario soccer club. Players new to soccer or not registered with an Ontario soccer club must register with OISC. To register with the club, visit [www.ottawa.soccer.com](http://www.ottawa.soccer.com). Because of insurance requirements, no player will be allowed to step on the field without the proper registration.

***2. I have not played competitive soccer before. Is this program suitable for me?***

Yes, the program is primarily designed to improve players' individual skills and techniques. Lead Trainers concentrate on instruction and drills designed to help individual players learn, hone and master the key soccer skills.

***3. Under what conditions will a session be cancelled?***

Soccer is played in a wide variety of conditions including rain and even snow. For safety reasons, a session will be cancelled or delayed if there is lightening. A session may also be cancelled if too much snow is on the ground. In the past, only one session has ever been cancelled and this was due because of lightening.

***4. What do I need to bring to the sessions?***

Once registered, you will receive a document prior to the start of the program which will provide all the details. Basic requirements are a regulation soccer ball, shin guards, cleats and water. Players are to wear appropriate soccer clothing to suit the weather conditions.

***5. As a parent, can I stay to watch my child train?***

Parents are welcome to stay and are encouraged to watch what the Lead Trainer is instructing in order to be able to help their child develop. Parents must not "coach" their child during the training, including during scrimmages. If you decide to stay it is recommended that you encourage your child to stay with the other players during breaks.

***6. What is the refund policy?***

Players may withdraw, by writing or email, to the club administrator. Players will receive their full fee if the written notice is received before the start of the first session. After the start of the first session and until the end of September, a player will receive 50% of his/her fee as a refund. From October 1 there is no refund.

***7. I am a Keeper. Is there keeper training?***

New this year, there will be keeper specific training offered for players in the U12 to U18 age groups. This session will be for boys and girls who want to further develop the skills needed to become a successful keeper.

***8. What must I do if I want to continue to train with the Ottawa Internationals Soccer Club?***

The OISC is in the process of revamping its soccer programs. A new Winter Program will be launch in August on our website at [www.ottawasoccer.com](http://www.ottawasoccer.com). Please note that there will be hard caps for the Winter Program and that it will first be open to players who intend to play with an OISC team during the following summer. For a list of all our other programs please visit the website.

***9. My child is a gifted player; can he/she train with an older age group?***

While we appreciate the assessment of your child, players must register in their age group and attend the first session. The Lead Trainer may be asked if it would be appropriate to advance the player but this can only occur with the approval of the program's Technical Instructor. Note that if you subsequently withdraw, the refund policy remains in effect.