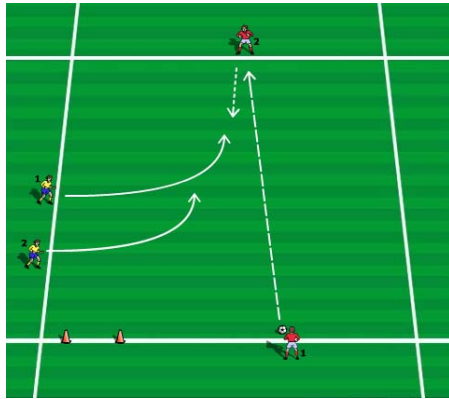


INDIVIDUAL DEFENDING



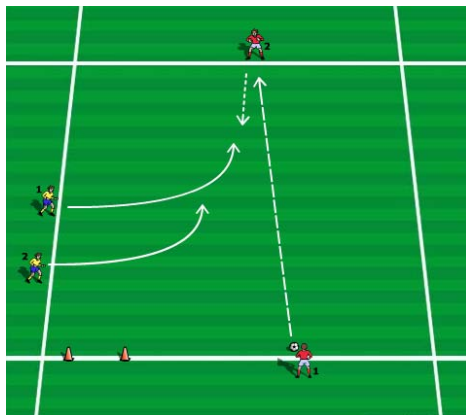
S1: Individual Defending



- P2: 1 v 2
- Key Factors:
- 1st Defender – As before
 - 2nd Defender
 - Communication
 - Angle & Distance



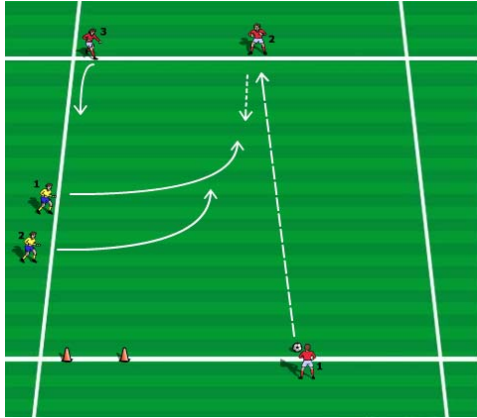
S1: Individual Defending



- P2: 1 v 2
- Key Factors:
- 1st Defender – As before
 - 2nd Defender
 - Communication
 - Angle & Distance



S1: Individual Defending



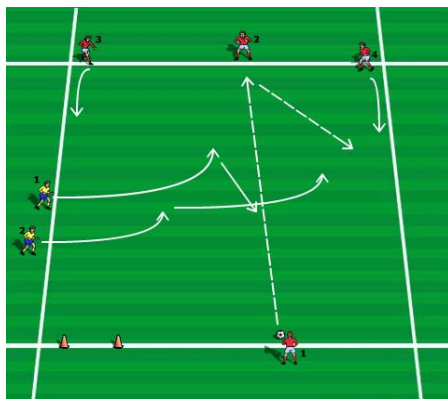
- P3: 2 v 2

Key Factors:

- 1st Defender as before
- 2nd Defender
 - Communication
 - Angle & Distance
 - Body Position
 - See the Ball & the player
 - Angle & Speed of Recovery



S1: Individual Defending



- P4: 3 v 2

Key Factors:

- 1st Defender as before
- 2nd Defender as before