

Open invitation to all U9 girls born in 2001 for training and tryout sessions for summer 2010 team

Thank you for choosing the Ottawa Internationals Soccer Club (OISC) as your club of choice. We pride ourselves in the development of the soccer player and are one of the few clubs which offers soccer to girls at each age group and each level of play albeit competitive or recreational. We have been very successful in helping girls achieve their objectives whether it is playing on university teams, seeking scholarship opportunities, and playing on the national team or playing recreational soccer. We believe that the players should learn the game to enjoy it and have fun.

What to bring .

1. proper footwear-flat soled court shoes for gym , cleats for dome.
2. shin pads
3. soccer shorts
4. t-shirt
5. long hair to be tied back ,away from face
6. no jewelry of any kind.
7. size #4 ball
8. your own water bottle –put your name on it
9. a “can do “ attitude ☺

Try and come 10 minutes early so we are ready to go at designated training times .

Competitive soccer, I like to think of, as having “serious” fun. When **your daughter tries** out for the U9 competitive teams, you must “seriously” consider the following situations and commitments.

### **Level of play**

The OISC will field at least one , possibly 2 teams made up of **14 players** on each team These teams will play in the East Region Soccer League (ERSL). This will be competitive soccer played 7 vs 7 between clubs in the Ottawa area and Eastern Ontario.

### **Coaching**

The training and tryouts will be conducted by Renso Vettoretti, a provincial Licence B candidate coach. Renso has coached with OISC for the past 20 years at all levels of play from DSP to Regional U17 level. Dependant on numbers , Renso will coach at least one of these U9 girls teams this summer.

## Evaluations of players

The player selection process is as follows: the players will be trained and then tested through a standardized test which is fun to do. These are standard tests and which are easy to score or time.

QUICKNESS=30% (timed event)

TECHINICAL SKILLS =30% (standardized test.)

OVERALL PLAY=30% (outside coaches will evaluate and rank player potential)

A= competitive B= DSP

ATTITUDE =10% (evaluated by coach)

## Friends playing together

*- Please give some serious thought to this -*

If friends wish and insist that they play together then I should be **told now** so that the girls can be placed on teams that can accommodate this. **Your daughter is** trying out for a competitive team which means some difficult choices have to be made. This can be a positive opportunity to meet new friends and develop new relationships which can only help your daughter further socialize with different people. This will also make it better for the flow of players in the future. **What is meant by this** is that from year to year players move up or down in levels of play and would it not be fantastic, if **your daughter** knew players no matter where she played within our club?

## Playing up

Most of our experienced staff coaches and executives support all mini players playing at their own age level. They will develop confidence and hone their skills in this environment and will pay big dividends in the future. We are encouraging girls to tryout at their own age level. The club has passed a policy of **no playing up** at mini soccer.

## Summer commitments

The team will practice twice a week and **play** one game per week **in** May and June. In July and August there **will** only be one practice per week and **one** game. The ERSL season **finishes at the end of** August. There **will** be tournament play which **occurs** on weekends. The team **may play in** 3 tournaments dependant on summer vacation commitments. If you are going to be away from soccer for more than 3 - 4 weeks at a time let me know early on in the process. Being away for 5 to 6 weeks is not compatible with a team sport especially a competitive team sport. If **your daughter is** chosen and then **you** inform the coach you are going away for the summer you have taken an opportunity away from another player in our club who could have been learning and playing throughout the summer.

## Fall and Winter Training

When the summer season is over the OISC runs a fall program where all the girls come back into a pool of their age groups and are trained by highly skilled coaches. **Players participating in the Winter Training** can form teams to play in the **Coliseum League** and / or **play winter exhibition games**. In the Spring, tryouts start again and the cycle continues. The OISC offers an all year program for those who are interested in it.

### **Open communication**

If you wish to know how your child is doing at any time during training and tryouts please feel free and approach us. It's a very stressful time for all players and parents who wish to play on a competitive team. We want to ensure that the children are supported in a positive manner so the joy of playing soccer can be cultivated. In the end, **BY April 10<sup>th</sup>** each child and parent will be told in person via an email at what level they have been evaluated to play at.

Please consider "seriously" the above outlined process, guidelines and your required commitments for summer competitive soccer. We are here for your child, her development and the continued success of our girl's soccer program.

Please call or e-mail me directly if you have any questions.

Yours in soccer,

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